



# TRI-CITY CARDIOLOGY

## MEDICATION MANAGEMENT

Dear Patient,

Proper management of your medications is very important to your care plan. It is important that we work together to educate you on your medications and that we maintain an accurate medication list.

- **Please bring your current medication lists (prescribed medications, supplements, over the counter medication), including dosage and instructions to every office visit with your physician.**
  - Be prepared to provide information about **new** medications since your last office visit.
- **If you have been discharged from the hospital in the last sixty (60) days, it is important to bring your hospital discharge instructions that contain your most recent medication instructions.**

### Managing Prescriptions Refills

Tri-City Cardiology is compliant with Electronic Prescription requirements, therefore:

- **All refill requests for medication must be made through your local or mail order pharmacy.**
- If you need a refill authorization (if you are out of refills), you must call your pharmacy. The pharmacist is in the best position to safely and accurately coordinate the request with our staff.
- Request your refills **at least 7 days BEFORE** you will run out of medication to allow time for processing of your refill.
- If your prescription has expired, **allow at least two weeks** for your pharmacy to process the new prescription.
- If your prescription medication requires authorization from your insurance or you use a mail order pharmacy, allow **at least 30 days** for this process to be completed.

### Understanding Your Medications

It is important that you know what medication(s) you are taking and how to take them. Be prepared for your visit by asking questions about your medications of your other physician(s) who prescribe them or pharmacist.

- Know the name and dosage of the medication(s). Keep a list with you.
- Know when you should take your medications and what to do if you miss a dose.
- Know the side effects (for example, drowsiness or nausea).
- Know if your medication(s) could interact with any over the counter non-prescription medications that you may be taking or whether you should avoid alcohol while taking a medication.

Thank you for your cooperation with following the above instructions to help process all of your medication requests and questions timely and accurately. Our goal is to ensure you understand and take your medications as directed by your physician for your best health benefit.

**Tri-City Cardiology**

**Phone: 480-835-6100 Fax: 480-461-4243**

**Patient Portal: [Tricitycardiology.com/patient-portal/](http://Tricitycardiology.com/patient-portal/)**