

Essential Post TEER Requirements:

Following the TEER procedure, a TCC Structural Heart Coordinator will call to schedule all post procedure appointments listed below.

All appointments and testing below are a necessary part of your treatment and must be completed within very specific time frames to comply with TEER Registry requirements. Keep track of scheduled appointments below:

Post TEER Requirements:

Required 23-75 days after TEER procedure date

30 Day Echocardiogram

30 Day Labs

**30 Day Office Visit with Implanting Cardiologist
(including EKG and Questionnaire)**

Required 305-425 days after TEER procedure date

1 Year Echocardiogram

1 Year Labs

**1 Year Office Visit with Implanting Cardiologist
(including EKG and Questionnaire)**

Banner Heart Hospital

6750 E Baywood Ave., Mesa, AZ 85206

Cross streets: Power & Broadway

Coordinator: Christine Poty, RN

Direct Line: 480.854.5203

Chandler Regional Medical Center

1955 W. Frye Rd., Chandler, AZ 85224

Cross streets: Dobson & Frye

Coordinator: Jessica Parsons, RN

Direct Line: 480.728.2049

Questions?

Call our Tri-City Cardiology

Structural Heart Team at **480.219.5415**



TEER

Transcatheter

Edge-to-Edge Repair



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What is TEER?

TEER (Transcatheter Edge-to-Edge Repair) is a minimally invasive technique designed to treat **mitral valve regurgitation (MR)**, a condition where the mitral valve fails to close properly, allowing blood to flow backward into the left atrium. This can cause symptoms like chest pain, shortness of breath, and fatigue. TEER aims to enhance the function of the mitral valve by using a "clip" to join the edges of the valve's leaflets together. This procedure helps to reduce the backward flow of blood (regurgitation), improving heart function and relieving symptoms.

Degenerative MR - results from changes in the structure (damaged valve leaflets) and function of the mitral valve, often related to aging or other underlying conditions.

Functional MR - occurs when the mitral valve itself is structurally normal but fails to close properly due to problems with the heart's shape, size, or function, typically due to underlying heart disease.

Testing to assess TEER candidacy:

Cardiology Consultation – a Tri-City Cardiology (TCC) physician will assess your condition and recommend TEER workup.

Appointment Date: _____

Cardiac Catheterization - (also known as **coronary angiography** or **heart catheterization**) is a minimally invasive procedure used to diagnose and treat certain heart conditions.

Appointment Date: _____

Transesophageal Echocardiogram (TEE) - an ultrasound used to create detailed images of the heart by inserting a special probe into the esophagus, allowing for clearer, more detailed images of the heart's structures, enabling measurements of the mitral valve.

Appointment Date: _____

Cardiothoracic Surgeon Consultation – used to determine if TEER is the correct procedure for degenerative MR.

Appointment Date: _____

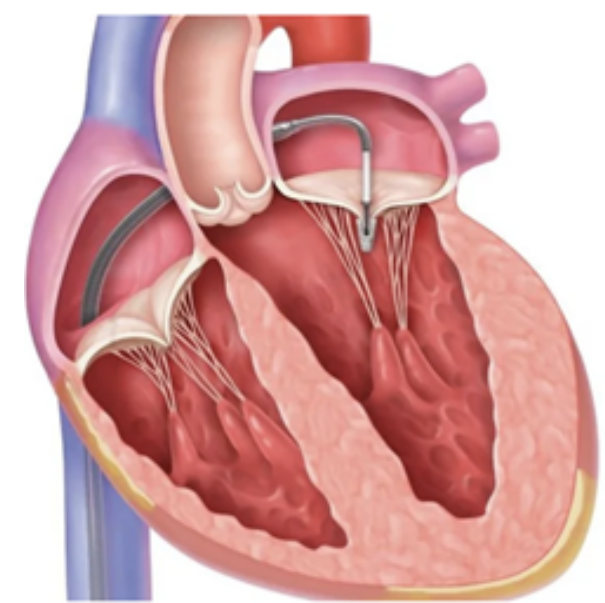
Heart Failure Consultation – a TCC physician will determine if TEER is the correct procedure for functional MR.

Appointment Date: _____

What to expect:

Completing all the necessary testing to determine eligibility for TEER can take up to 90 days depending on insurance.

Once completed, the Hospital Coordinator will review all documentation and will determine final eligibility. Once deemed eligible, the TCC Structural Heart Coordinator will contact you directly to schedule the TEER procedure.



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